

Credenhill Community News



AUGUST 2011

Issue 37

A Parish Council Publication about Credenhill, by and for the people of Credenhill.
Sponsored by: Credenhill Parish Council

www.credenhill-pc.org.uk



Sunday Services in August at St. Mary's Credenhill

Sunday 7th. – 11am Holy Communion
Sunday 14th. - 11am Family Communion
Sunday 21st. - 11am. Holy Communion
Sunday 28th - 11am. Morning Prayer

PLEASE NOTE:

From September the newsletter will not be distributed until the 1st Monday in the month. Will all contributors please be aware of any date sensitive items that may occur at the start of the month and make sure that they are handed in for inclusion the month prior to event taking place. i.e. 2nd October event needs to be placed in the September issue.

Key dates this month

18th August - A level results 25th August - GCSE results 13th – 21st August Herefordshire Food Week
29th August Summer Bank Holiday

Dear Friends

Holiday time - Hurray!! Time to relax and change our routine, time to see new things and meet new people perhaps; time to catch up with the jobs we've had to put off.

Whatever you are doing in the holiday season this year it is important to take time to recharge your batteries in some way. The bible tells us that God created the world in 6 days and then rested on the seventh. However we understand that, the rhythm of work and rest is vital for our well being. Our cultural and financial climate does nothing to promote this principle. With less money in the system, employment costs are being driven down and less people are expected to undertake more work. Technology too can work against us as it is difficult to keep firm boundaries between work and home life. Through mobile phones and laptops we are more and more accessible when away from our places of work which makes it hard to give ourselves quality 'time off' to spend with family and friends.

On the other hand many people are unable to find a job at all and it is hard to maintain a positive outlook whilst coping with the frustrations of being unemployed. In this situation too it is difficult to keep strong boundaries and stay motivated but also essential to find outlets which energise and affirm us.

During the summer I pray we will all have opportunity to take time out in some way; to listen to the still quiet voice of God within each of us however we hear it and to find creative ways of recharging our batteries so we can deal more positively with the situations we find ourselves in.

God Bless,
Rev. Angie Deane

THE FAMILY OF JOYCE MILAN WOULD LIKE TO EXPRESS OUR HEARTFELT THANKS FOR ALL THE KIND MESSAGES OF SYMPATHY RECEIVED AND THE SUPPORT BOTH AT THIS DIFFICULT TIME AND DURING JOYCE'S ILLNESS

THANK YOU VERY MUCH



Credenhill Friendship Club

Mair Granthier gave a very entertaining talk about the "Night Shift at the Hereford Baptist Church" it was enjoyed by everyone.

In September a trip has been arranged to go to Weston Super Mare so don't forget your bucket and spades for a day of fun, details below. If you are interested in coming along please let me know at our next meeting and also please bring ticket money for Alan.

Dates for your Diary

Thursday 4th August 2011 @ 7.30pm – "Beetle Drive with a difference"

Wednesday 7th September 2011 – Trip to Weston Super Mare. Meet outside shops at 8.45am
£12 per person members. £13 per person non members.

Want to know more? Why don't you come along on the 4th August and see for yourself, or you can contact Val Tel 01432 760115 we would love to meet you

HEREFORDSHIRE HEADWAY

Coffee Morning

Wednesday 10th August
10.30am-12.00pm
Tea & Coffee, Raffle, Cakes
All welcome,
Please come and join us!



Sunday, 7 August - a 'record hop' dance from 7.30-11.00 pm, £4.00 on the door.

Our 'record hops' feature a great selection of jive, swing, r&b, boogie-woogie, rock & roll & more modern music for jive, lindy hop, balboa or other swing dance styles. Any dance style/ experience level welcome, don't worry if no partner.

Richmond Club, Edgar St, Hereford, HR4 9JR.
Susan 01432 357859

Hereford River Wye Festival

Dragon boat racing

Monday 29th August 10.00 - 1600

TASTE FOR Adventure CENTRE

SUMMER BALL

SATURDAY 10TH SEPTEMBER 2011

AT THE HAFOD, CREDENHILL,
HEREFORD, HR4 7DA

To raise funds for Taste for Adventure Centre we are holding a summer ball on Saturday 10th September at 7pm. The evening will include pre-dinner drinks, canapés, entertainment, buffet dinner, prize draw and live music.

Ticket cost £40.00 per person

Tables of ten also available

To book a ticket or reserve a table for ten call Angie on 01432 761398

email: angie@tasteforadventure.co.uk.

SPORTS / REMEDIAL / DEEP-TISSUE MASSAGE PERSONAL TRAINING & FITNESS CLASSES

My name is Mhairi Beaton and I am ex-Army, having served previously on 2 separate tours in Hereford Garrison. Since leaving the Army I have re-trained as a Personal Trainer and Sports Massage Therapist, and am now working in the Hereford and immediate surrounding areas.

Some of the many benefits of Sports Massage are:

Promotion of blood flow and nutrient supply to the muscles, enhancing recovery.

Release of muscle tension and restoration of balance to the musculo-skeletal system.

Prevention of injuries, which might otherwise be caused by overuse/overtraining.

Increase of physical performance by addressing muscular imbalances.

A few of the benefits of Deep-Tissue Massage are as follows:

Focus on the deeper layers of muscle tissue, releasing chronic patterns of tension.

Break up and elimination of old scar tissue.

Anyone can benefit from massage, not just those involved in training and sports. It can also be especially beneficial to desk workers who experience headaches, neck, shoulder and back aches.

If you would like any further information on any of the above methods of Massage or Personal Training and Fitness, please e-mail me or ring me on the number below:

07739 181188

mbfitness_solutions@yahoo.co.uk

MOBILE LIBRARY

Shop 3.20 – 4.20 Saturday, 13th August

Hendon Drive 2.40-3.00 Glebe Close
3.10-4.30 Thursday 25th August



FARMERS MARKET - High Town,
Hereford

1st Saturday in the Month and 3rd
Thursday in the Month

ANTIQUES MARKET – 12th August





Credenhill Social and Sports Club

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						12.00pm - 2.30pm
7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	12 noon - 11.00pm	7.00pm - 10.30pm
Quiz	Members Bingo	Darts	Pool Car Boot 6pm-8pm	Skittles darts	Bingo first Saturday in month	Members Draw

Function room available for hire: please contact club steward (Chris Marshall) 07779130500 for more information.

Live screening of major sporting events on large screen TV, weekly pub games, regular live entertainment.

Open to all members of the community subject to a membership fee or visitors fee.

Magna and Young Magna

GREAT NEW PRODUCTIONS FOR OUR AUDIENCES !

YOUNG MAGNA PRESENTED A STAR STUDED EVENING!

On Saturday July 2nd Young Magna delighted audiences with a 'Night at the Movies' for such a young group they gave a brilliant performance ,I was extremely proud of them all! They are now having well earned rest for a few weeks before starting work on Panto rehearsals. This year it's the classic story of 'Cinderella' performed at Royal national College January 26th to 28th 2012

If you would like your child to join we still have some places available so ring or e mail now for information or to book their place. This is a community group and so is affordable and fun.

Magna continues as it started the season with an original production, this time an atmospheric thriller set in 1918,the end of the first world war sees a family reeling from the events of the previous years of conflict. The order of things has changed for ever, and Clarissa, the matriarch of a family from the fading gentry, cannot come to terms with it. It is time for family skeletons to fall out of cupboards and secrets to be exposed with devastating consequences.

Your local performing arts group Magna, meets every Tuesday 7.30p.m. Young Magna for 8-16year olds each Sunday 2.30p.m. to 5p.m. New members are always welcome so come along and join us if you would like an inexpensive and enthralling way to pass some of your leisure time. Ring for details Val 01432750115 Betty 0143276089

DISTRIBUTOR WANTED

We are still looking for a volunteer to distributor our newsletter around the Trenchard Avenue area once a month. The round will take up to an hour. If you are interested please contact Glenda on 760067 or email glenda-h@hotmail.co.uk for further information



Burghill and Tillington W.I.

We are taking a break for the summer, but hope to see you all at our September meeting on 20th. This is an open meeting and we welcome everyone, existing members, new members and guests (male or female). Penny Turnbull – Textile Artist will be the guest speaker.

Credenhill Community Hall

SUMMER IS HERE!

With it comes development of the Flood Alleviation Scheme which will affect the parking area adjacent to the Community Hall where a walkway will be provided to the Play School building while work is underway. This will restrict parking for a short time but there is still plenty of parking available just a little further to walk maybe. Please be aware there is a car boot sale held in the car park each Thursday evening between 6p.m and 8p.m. so leave your car at home if you can. Have happy and safe holiday if you are going away and if not enjoy your time at home.

MEMO; A new supervisor will take over the slimming club from 27th July details.

Don't forget if you have an event coming up and would like to hold it in a pleasant, light, airy hall with a large outside grassed area [big enough for a marquee] then come along and have a look at Credenhill Community Hall. We can give you details of license holders who will provide a bar for your function if you need one. What is more it will not break your budget ! Please contact us for more information.

Fund Raising

A Christmas Fayre or similar will be arranged later in the year.

Day and Time	Group Name	Leader	Contact Details
Mon 4p.m -5.30p.m	Tai Kwondo	Brennan Paige	07742356818
Mon 8p.m to 9p.m	Zumba Exercise	Victoria Rogers	07787141602
Tues 5-615p.m	Beavers	Victoria Smissen	
Tues 7.30p.m	Magna Performing Arts	Val Lewis	01432760115/ 07816260838
Wed 6p.m-9p.m	Slimmers World	Sophie Gibbons	01432344801
Thursday 10p.m to 12 noon	Bumps Babies and tots	Charlie Walker	01432769464
6p.m to 7.30p.m	Cubs	Claire Bailey	01432760555
First Thursday of each month 7.30p.m	Friendship club	Val Lewis	01432760115
Friday 6p.m-7.30p.m	Rainbows and Brownies	Donna Jones	01432
Friday 7.30p.m	Magna/Young Magna performing Arts	Val Lewis Betty Morris	01432 760115 01432 760891
Sunday 10p.m-12 noon	Tai Chi	Craig Powell	01432760507 07866133277
Sunday 2.30p.m-5p.m	Young Magna Performing Arts	Betty Morris	01432760891 079540819999

HEREFORD CATHEDRAL PERPETUAL TRUST

PARISH NEWSLETTER DATES

Tuesday 2 August

Lunchtime organ recital: Fiona Chryssides, Hereford. All welcome: donations. 1.15-2 pm

Friday 5 August

Jazz in the Chapter House Garden: admission free, donations welcome. Refreshments from the Cloister Cafe available. Inside if wet. 1-2.15 pm

Tuesday 9 August

Lunchtime organ recital: Francesca Massey, Peterborough Cathedral. All welcome: donations. 1.15-2 pm

Saturday 6 – Saturday 13 August

The Three Choirs Festival hosted at Worcester Cathedral. For further details the Box Office (0845 652 1823) or visit www.3choirs.org.

Wednesday 10 August

Choral Evensong broadcast: live on BBC Radio 3 from the Three Choirs Festival in Worcester Cathedral sung by the choirs of Gloucester, Hereford & Worcester cathedrals. Repeated Sunday 14 August (for timings see radio listings). 4 pm

Thursday 11 August

Choral Evensong: sung at Worcester Cathedral, as part of the Three Choirs Festival, by the Choir of Hereford Cathedral. 5.30pm

Friday 12 August

Jazz in the Chapter House Garden: admission free, donations welcome. Refreshments from the Cloister Cafe available. Inside if wet. 1-2.15 pm

Sunday 14 August

The Evening Hour, a service of prayer for healing and wholeness with words and music from Iona and Taizé and time for quiet reflection; all are welcome. The service is held on the second Sunday of each month. 5.30 pm

Tuesday 16 August

Lunchtime organ recital: Timothy Noon, Liverpool Metropolitan Cathedral (& former Hereford Cathedral chorister). All welcome: donations. 1.15-2 pm

Friday 19 August

Jazz in the Chapter House Garden: admission free, donations welcome. Refreshments from the Cloister Cafe available. Inside if wet. 1-2.15 pm

Sunday 21 August

The *Palace Art-Fest* preview evening in the Bishop's Palace, Hereford. For further information please contact the Perpetual Trust office (01432 374261: perpetual.trust@herefordcathedral.org). 5-7 pm

Monday 22 – Monday 29 August

The *Palace Art-Fest*: an exhibition of paintings and sculpture in Great Hall and the garden of the Bishop's Palace. Open daily (10 am – 4.30 pm: Sunday 11 am – 4 pm). 01432 374261 for further information. All welcome.

Tuesday 23 August

Lunchtime organ recital: Roger Judd, Herefordshire & formerly of St George's Chapel, Windsor. All welcome: donations. 1.15-2 pm

Friday 26 August

Jazz in the Chapter House Garden: admission free, donations welcome. Refreshments from the Cloister Cafe available. Inside if wet. 1-2.15 pm

Friday 26 August

A Musical Evening: an evening at Wall End Farm, Monkland hosted by Jonathan & Millie Bengough, with the international violinist Diana Galvydyte, pianist Susie Allan and Sir Timothy Ackroyd. Tickets £40. Tickets and further information from the Perpetual Trust Office.

Tuesday 30 August

Lunchtime organ recital: Paul Stubbings, Ramsgate. All welcome: donations. 1.15-2 pm

DIRECTORY OF SERVICES

Car Maintenance

Gardening/landscaping

Handy man

JOB DONE – 50 Centurion Way, Credenhill. Mike Truelove. Enhanced CRB check
761731

0143

Handyman Service. All jobs around the house, large or small. I can help – anytime. 40 years exp.

Health and Beauty

Home Maintenance

Professional services

Rates for advertisements in the Credenhill Community Newsletter

Full page advert - black and white £50

Half page advert - black and white £30

Quarter page advert - black and white £16

Eighth page advert - black and white £10

Yearly advert - Business Card format – in Directory of Services page black and white only, £48

To advertise please drop in a hard copy of advert to Glenda Hind, Editor, 3a Station Road. Credenhill, HR4 7EY along with appropriate payment rate. Cheques payable to Credenhill Parish Council. Yearly advert will run from August 2011 to July 2012. Advertisers joining during the year will be charged a pro-rata rate until the next August issue.

Editor: **Glenda** 01432 760067 glenda.h@hotmail.co.uk
 As Editor I am always happy to receive articles for the CCN but would add that if at all possible, I would appreciate them to be sent by e-mail as an attachment in Word or Powerpoint format. If you do not have access to a computer then please drop off any hard copy to Glenda at 3a Station Road, Credenhill in plenty of time for the deadline of the 15th of every month.

Dead line:	15th of every month prior to publication	
Published:	1st Monday of every month	
Collect from:	One Stop – Credenhill Store	
Delivered:	To every household in Credenhill by various volunteers	
Parish Council:	Chairman Mr A Round	01432 760153
County Council	Councillor R Matthews	01432 760498
Red Cross Warden	Barbara Symonds bsymonds@redcross.org.uk	01432 761124
West Mercia Constabulary: (see also manager/support officer)		0300 333 3000
e-mail:	herefordruralnorth.lpt@westmercia.pnn.police.uk	
Crime Stoppers:		0800 555111
Local Beat Manager:	WPC Pam Epton	07905 367840
Community Support Officer:	Dean Wall	07970 602443
Dog Warden		01432 261761
St Mary's Primary School:	Headmaster - Mr J Moynihan Business Manager Karen Pritchard	
	Office Assistant Julie Skinner	01432 760408
Imagination Station	8am – 6pm Tina Pritchard	01432 769387
Fieldhouse Kindergarten:	Manager – Helen Smith	01432 761250
St Mary's Church	SSM Revd. Angie Dean Church Warden Mrs Heather Park	01981 590615 01432 760572
Post Office	Mrs C A Lloyd	01432 761579
Credenhill Social Club:	Steward	01432 760600
Beavers:	Tues 4.45-6.00pm Victoria Smissen	01432 279160
Cubs:	Thur 6.00 -7.30pm Claire Bayley	01432 352285
Rainbows:	Fri 4.30-5.30pm Mrs D Jones	01432 761056
Brownies:	Fri 5.30-7.00pm Mrs D Jones	01432 761056
Young Magna:	Sun 2.30-5.00pm & Fri Betty Morris	01432 760891
Magna:	Tue & Fri 7.30-10.00 pm Valerie Lewis	01432 760115
Friendship club:	Val Lewis	01432 760115
Football Club U11, U12, U13	Andrea Bounds	01432 340958
Headway:		01432 761000
Community Clinic: by appointment only Mondays	Health Visitor	01432 352600
For Hire		
Credenhill Community Hall:	Mrs Betty Morris	01432 760891 07954081999
Credenhill Social Club:	Steward	01432 760600

All articles, letters or other items may be subject to editorial discretion. The editor does accept responsibility for articles printed in this magazine.