

Credenhill Community News



SEPTEMBER 2013

Issue 60

A Parish Council Publication about Credenhill, by and for the people of Credenhill.
Sponsored by: Credenhill Parish Council

www.credenhill-pc.org.uk

You can also find us on facebook - CCN (Credenhill Community News)

Farmers Market - Every Thursday and 1st Saturday Hereford
2nd Saturday Leominster

Garden and Antiques market - 13 September Hereford High Town

French market - 27 September Hereford High Town

h-Art - various locations around herefordshire 7th - 15th September

Hereford Celebration - King George V playing fields 7th September

Job & Career Fair - 12 September Shire Hall

Credenhill Community News is now available by email. If you wish to be added to the mailing list please send an email to the editor requesting this service. Please put Credenhill Newsletter in the subject heading box. Thank you

The CCN is kindly delivered to you by the following Volunteers:

Vivien Ball, Barbara Brown, Jack Gregory,
Emma Jones, June Jones, Lance Richardson, Vicky Rossiter,
Betty Tolson and Margaret Tyler.



MONTHLY PLANNER - SEPTEMBER 2013

Sunday	1st	2.30pm	Young Magna	Credenhill Community Hall
Monday	2nd	4pm	Tia Kwondo	Credenhill Community Hall
Monday	2nd	7.30pm	Zumba	Credenhill Community Hall
Monday	9th	8pm	Poker	Credenhill Social Club
Tuesday	3rd	5.15pm	Beavers	Credenhill Community Hall
Tuesday	3rd	7.30pm	Magna	Credenhill Community Hall
Tuesday	3rd	7.30pm	Bingo	Credenhill Social Club
Wednesday	4th	6pm	Slimmers World	Credenhill Community Hall
Wednesday	5th	10.30am	Coffee Morning	Headway
Thursday	5th	6.00pm & 7.30pm	Cubs & Scouts	Credenhill Community Hall
Thursday	5th	7.30pm	Tai Chi	Credenhill Social Club
Thursday	5th	7.45pm	Friendship Club	Credenhill Community Hall
Friday	6th	4.30pm & 5.30pm	Rainbows and Brownies	Credenhill Community Hall
Friday	6th	7.30pm	Magna and Young Magna	Credenhill Community Hall
Sunday	8th	11am	All Age Worship	St Mary's Church, Credenhill
Sunday	8th	2.30pm	Young Magna	Credenhill Community Hall
Monday	9th	4pm	Tia Kwondo	Credenhill Community Hall
Monday	9th	7.30pm	Zumba	Credenhill Community Hall
Monday	16th	7pm	Quiz	Credenhill Social Club
Tuesday	10th	5.15pm	Beavers	Credenhill Community Hall
Tuesday	10th	7.30pm	Magna	Credenhill Community Hall
Tuesday	10th	7.30pm	Bingo	Credenhill Social Club
Wednesday	11th	6pm	Slimmers World	Credenhill Community Hall
Thursday	12th	7.30pm	4 x 4 Club	Credenhill Social Club
Thursday	12th	6.00pm & 7.30pm	Cubs & Scouts	Credenhill Community Hall
Thursday	12th	7.30pm	Tai Chi	Credenhill Social Club
Friday	13th	4.30pm & 5.30pm	Rainbows and Brownies	Credenhill Community Hall
Friday	13th	7.30pm	Magna and Young Magna	Credenhill Community Hall
Saturday	14th	10am	Ride and Stride	St Mary's Church, Credenhill
Saturday	14th	10am - 4pm	Festival of Churches	St Mary's Church, Credenhill
Sunday	15th	10am - 4pm	Festival of Churches	St Mary's Church, Credenhill
Sunday	15th	2.30pm	Young Magna	Credenhill Community Hall
Monday	16th	4pm	Tia Kwondo	Credenhill Community Hall
Monday	16th	7.30pm	Zumba	Credenhill Community Hall
Tuesday	17th	10.30am	Library	Credenhill Social Club
Tuesday	17th	5.15pm	Beavers	Credenhill Community Hall
Tuesday	17th	7.30pm	Magna	Credenhill Community Hall
Tuesday	17th	7.30pm	Bingo	Credenhill Social Club
Wednesday	18th	6pm	Slimmers World	Credenhill Community Hall
Wednesday	18th	7.30pm	Parish Council Meeting	Youth Resource Centre
Thursday	19th	6.00pm & 7.30pm	Cubs & Scouts	Credenhill Community Hall
Thursday	19th	7.30pm	Tai Chi	Credenhill Social Club
Friday	20th	4.30pm & 5.30pm	Rainbows and Brownies	Credenhill Community Hall
Friday	20th	7.30pm	Magna and Young Magna	Credenhill Community Hall
Sunday	22nd	10am	Church Fun Day	Roman Park, Credenhill
Sunday	22nd	2.30pm	Young Magna	Credenhill Community Hall
Monday	23rd	4pm	Tia Kwondo	Credenhill Community Hall
Monday	23rd	7.30pm	Zumba	Credenhill Community Hall
Tuesday	24th	5.15pm	Beavers	Credenhill Community Hall
Tuesday	24th	7.30pm	Magna	Credenhill Community Hall
Tuesday	24th	7.30pm	Bingo	Credenhill Social Club
Wednesday	25th	6pm	Slimmers World	Credenhill Community Hall
Thursday	26th	6.00pm & 7.30pm	Cubs & Scouts	Credenhill Community Hall
Thursday	26th	7.30pm	Tai Chi	Credenhill Social Club
Friday	27th	4.30pm & 5.30pm	Rainbows and Brownies	Credenhill Community Hall
Friday	27th	7.30pm	Magna and Young Magna	Credenhill Community Hall
Saturday	28th	9am - 2pm	Bioblitz	Credenhill Park Wood
Sunday	29th	2.30pm	Young Magna	Credenhill Community Hall
Monday	30th	4pm	Tia Kwondo	Credenhill Community Hall
Monday	30th	7.30pm	Zumba	Credenhill Community Hall

Local Policing Team - Hereford Rural North and East

Your local Policing Team consists of :-

**Police Constable Neil James (Author of report) and
Police Community Support Officer Dean Wall**

An Offence of Criminal Damage occurred between 6pm Friday 28th June and midday Sunday 30th June. The victim attended a house party during the relevant times and prior to his departure he discovered that items of clothing had been damaged and destroyed.

A Theft occurred between 1pm and 2.30pm Saturday 6th July at Breinton Springs. During this time the victim was swimming in the river at Breinton Springs with a group of friends. On returning to the river bank the victim discovered that the unattended sports bag and contents were missing.

An Offence of Criminal Damage occurred between 3.30pm Saturday 6th and 8am Sunday 7th July at Breinton Springs car park. At 3.30pm the victim took the dog for a walk and on returning to the car park some 2 hours later discovered punctured front and rear tyres. The victim left the vehicle in situ, returned home on foot and on returning the following day discovered further damage had been caused to the vehicle.

A Theft from a Motor Vehicle occurred between 9pm Saturday 20th and 6.30pm Sunday 21st July at Credenhill. Persons unknown have approached the victim's Mitsubishi Trojan whilst it was parked outside the home address and proceeded to remove the catalytic converter.

An incident of Assault Occasioning Actual Bodily Harm and Criminal Damage occurred between 9.30 pm and 9.48pm Saturday 27th July in Credenhill. It would appear that a young male person returned in home in a drunken stupor. Due to his aggressive and violent nature he was refused access to the house. As a consequence he threw a large boulder from the rockery through the conservatory window whereupon it finally landed on a glass coffee table causing further damage. He then became involved in a number of spats whereby he assaulted female family members, male persons going to the assistance of the family members and finally a Police Officer who attended the scene and was punched and hit repeatedly to the head. The offender has since been arrested and is currently on Bail for 4 counts of assault and one Criminal damage.

Local Policing Team.....		www.westmercia.police.uk
E Mail.....		Herefordruralnorth.lpt@westmercia.pnn.police.uk
And.....		herefordruraleast.lpt@westmercia.pnn.police.uk
Mobile	PC 0197 James	07974 818920
	PCSO 6579 Wall	07970 602443
West Mercia Police		0300 333 3000
Crimestoppers		0800 555 111
Victim Support		01432 347208
Childline		0800 1111
Domestic Violence Helpline		0800 7831359
National Drugs Helpline		0800 776600
National NHW Association		02079 630160
Herefordshire Road Safety Hotline		01432 364582
Herefordshire NHW		www.communicate.co.uk/here/hfdsneiwatch/



Credenhill Social and Sports Club

A warm welcome awaits you at Credenhill Social & Sports Club.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00pm - 11.00pm	7.30pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	7.00pm - 11.00pm	12 noon-2.30pm & 7.00pm -10.30pm	12noon-2.30pm & 7.00pm 10.30pm
Mens Darts	Members Bingo	Ladies Darts	Pool, Mixed Pairs Darts	Skittles Darts	Bingo one Saturday in month	Members Draw

Live screening of major sporting events on large screen TV, weekly pub games, regular live entertainment. Open to all members of the community subject to a membership fee or visitors fee.

Don't forget you don't have to be a member to come and join us at the functions, or even just to come and have a relaxing drink in a warm and friendly atmosphere, A small visitors fee applies if you are not a member, or you are very welcome to join the club. We look forward to seeing you soon.

Our regular events are still on going.

- **Mondays** 1st Monday of every month Poker nights, 2nd Monday of every month Quiz night. Cash prizes to be won.
- **Tuesday night members** Bingo starting at 7.30pm
- **Wednesday night** Ladies Darts
- **Thursday night** is Pool night, and mixed pairs darts
On the 2nd Thursday of the month a 4x4 club meet new members are always welcome
Tai Chi in the Function room
- **Friday night** Skittles and in house premier league Darts
- **Sunday night** Members open the box, cash prize.

The Social club is a big part of your local community, please give your support

Are you looking for somewhere to hire, at very reasonable prices. We have a very large function room with a bar, available day or night. The room is suitable for all types of events, family events such as wedding receptions, christenings, birthday parties, also for conferences meetings etc. For further information on any of the above please ring the Les on 01432 760600 or Sarah Armstrong Secretary on 01432 761750

Members who haven't renewed their membership are welcome to come to the club, but the visitor's fee will apply.

Credenhill Canter committee are in need of Marshall's for the day. If you can be of assistance for this very worthy cause, please contact Ian Lancaster, Roger Shutt or Les Mogford.

Many Thanks

Credenhill Social & Sports Club

Credenhill Canter is on Sunday 25th August. Live Music, bouncy castle and Hog Roast. All welcome.

The Annual General Meeting is to be held on Sunday 1st September at 7pm. All members are invited to attend. Please bring your membership card with you.

We are looking for new ideas for any sports teams or if anyone would like to form a team then please contact us on the number below.

If you are interested in joining the ladies or men's darts teams or forming a quiz or skittles teams then please come down and see us.

For further information contact Les on 01432 760600.

Magna and Young Magna

MAGNA IN OCTOBER

We have just started work on our October production, 'Bloodline' another original play, full of suspense, it will keep you guessing until the end. It is set in the present day and 1937, when Europe moved towards yet another war. It moves between the two eras when a young woman tries to uncover the fatal events which befell her ancestors, particularly Violet, her Great Aunt, and how it has affected her families lives since.

MAGNA'S ANNUAL PANTO 2014

It is our annual tradition to perform an annual Panto, this tradition was changed a little when last year we had to change our performance time to coincide with the February half term and we changed our venue to Whitecross school. We are pleased to say we will be at Whitecross school once again in 2014 from February 20th to 22nd and we will be delighting audiences with 'Alice in Pantoland'. We will begin rehearsals for the production in late september and we are looking for new cast members, both children and adults so if you are interested please ring either number below.

Charity and Magna

During 2012/2013 Magna raised £500.00 for the R.N.C. with their panto £1000.00 for St Michael's hospice with their 'Magnathon' and £210.00 for 'Beth's Wish' at the panto 2013. We are continuing to support this charity for future productions this year with bucket collections.

2013 WITH MAGNA

You can look forward to an eventful year in 2013 with quite a few surprises in store. In particular watch out for the Young Magna production in early Summer, taking a different format this year which will really show off the talents of our Youth Group as well as giving them a challenge.

NEW MEMBERS WELCOME

Most of what Magna and Young Magna does is developed from performing arts workshops where we work out scripts and scenes, music and dance using improvisation. We aim to teach performance skills to those who wish to learn in a fun and fulfilling way to be a part of either group see details below

If you or your child would like to join, ring or e mail now for information or to book your place. This is a community group and so is affordable and fun. If membership is full we have a waiting list

Your local performing arts group Magna, meets every Tuesday 7.30p.m. Young Magna for 8-16year olds each Sunday 2.30p.m. to 5p.m. New members are always welcome so come along and join us if you would like an inexpensive and enthralling way to pass some of your leisure time.

Credenhill Community Hall



Here we are back to the school runs and ready to welcome back the children's groups who use the Hall during term times (see the timetable below for details.).

Credenhill Community Hall is pleased to say that new storage and some necessary repairs are being carried out . They will make the space even brighter and more user friendly than ever

Don't forget if you have an event coming up and would like to hold it in a pleasant, light, airy hall with a large outside grassed area [big enough for a marquee] then come along and have a look at Credenhill Community Hall. We can give you details of license holders who will provide a bar for your function if you need one. What is more it will not break your budget ! Please contact us for more information.
Betty Morris booking Secretary 01432 760891

Parties and Events

If you hope to hold an event in C.C.H. better hurry as weekends are filling up rapidly!

N.B CREDENHILL COMMUNITY HALL IS A CHARITY RUN FOR THE PEOPLE OF CREDENHILL AND SURROUNDING DISTRICT

Day and Time	Group Name	Leader	Contact Details
Mon 4pm - 5.30pm	Tai Kwondo	Brennan Paige	07742 356818
Mon 7.30pm - 8.30pm	Zumba Exercise	Victoria Rogers	07787 141602
Tues 5.15pm - 6.30pm	Beavers	Victoria Smissen	01432 279160
Tues 7.30pm	Magna Performing Arts	Val Lewis	01432 760115 07816 260838
Wed 6pm - 9pm	Slimmers World	Hillary Burcher	07789 951712
Thurs 6.00pm - 7.30pm	Cubs	Malcolm Cox	01432 274077 08754 299715
Thurs 7.30pm - 9pm	Scouts		
First Thursday in month 7.45pm	Friendship Club	Val Lewis	01432 760115
Friday 4.30pm-5.30pm Friday 5.30pm-7pm	Rainbows Brownies	Donna Jones	01432 761056
Friday 7.30pm	Magna/Young Magna Performing Arts	Val Lewis Betty Morris	01432 760115 01432 760891
Sunday 2.30pm - 5pm	Young Magna Performing Arts	Betty Morris	01432 760891 07954 081999
Monday to Friday 9am to 3pm	Imagination Station	Tina Pritchard	01432 769387

CHURCH NEWS



August is usually a quiet month activity ways for St Mary's Church but the members of the congregation enjoyed an exhilarating walk in Carding Mill Valley, Church Stretton. 15 members of the benefice group met in the car park and walked up the Valley towards the Long Mynd stopping for lunch at the Shooting Box, a Neolithic monument that was converted for shooting in the Victorian era. There are several walks in the valley and it is a wonderful place for children with a stream, reservoir and waterfall within easy distance. We also held a car treasure hunt which started and finished at the church. There were representatives from 3 parishes. Mansel Lacy came out winners being more precise with their answers.

As I write this, the ministry team are discussing the monthly family service which is being redesigned to encourage more of you to join us. We hope to provide an enjoyable, Christian experience which you will feel is more relevant to your needs. Further details can be found elsewhere in the CCN.

We are finalising details for the Herefordshire festival of Churches. This event is open to everyone. Churches throughout the Diocese are taking part. Our event which will be open on Saturday 14th and Sunday 15th September, 10am - 4pm, will celebrate our talents. There will be displays about Thomas Traherne and Charles Bulmer and the cider making industry, which was started by his son at the Rectory in Credenhill. (Thanks to the Cider Museum and Gordon Batchelor for the loan of exhibits.)

There will be a display/sale of various craft items and locally made produce. If you have glut of garden produce, pickles, preserves, cakes etc or craft items for sale do come along. (You will need to provide your own table.) Entry fee for sellers 20% of takings. A half of this will go to the Historic Churches Trust and the remainder to St Mary's.

On the Saturday it is the annual Ride and Stride event. Several members of the church will take part. The aim is to visit as many churches as they can and the sponsor money they raise will again be split between the Historic Churches Trust and St Mary's.

The following weekend September 22nd, the church will be involved in the Village Fun Day. Join us at the Playing Field at 11am for a short celebration service before enjoying the events of the day.

Churchwardens.

Who do YOU think THEY are?

WE WILL REMEMBER THEM

This months names.....

HERMAN Izzard K.I.A.	JONES Frederick K.I.A.	JONES Thomas
HUGGINS Philip	LANE Alfred	MORGAN Thomas M.C.
MORGAN Roland K.I.A.	JOSEPH John M.C.	HOWARD Chriton
BEAUCHAMP Edward		

If you know any details of these men please let me know

Snowy 01432 760702.

Thank You

Dear Friends,

Over the coming weeks we have quite a few baptisms taking place in our churches. I'm not sure if this is because it's been a good year for babies, as we have several children and an adult coming forward to be baptised as well. So I thought it might be helpful to write about the meaning of baptism, or, as it's sometimes called, Christening - being made a Christian.

Jesus began his teaching and healing ministry by being baptised in the River Jordan. Most of his followers over the two thousand years since then have begun their Christian lives with baptism. The act of baptism is symbolic. Water is used as it symbolises being washed clean of all our sins - all the things we do or think or say that offend God. It's also a symbol of our turning over a new leaf - we turn away from our old lives, from death to life and from darkness to light, from being self-centred to being God centred, and live our lives doing our very best to obey his will and behave as though we are his children (which we have become). Baptism marks the beginning of our Christian journey through life. If we are baptised as babies, then our parents and godparents have the responsibility to help us on this journey through bringing us to church, teaching us to pray and reading bible stories to us. As adults we can do this for ourselves but with the support of other church members.

Once we are baptised we become God's children and become members of the Church. We become identified with the death and resurrection of Jesus, and we 'die' to our old sinful self, and grow up as a new person in the light of Christ. At baptism we receive the Holy Spirit into our lives, and I will write about that next time.

This month we begin trialling our new All Age Worship services and you can read about that elsewhere in the CCN. I'm looking for musicians to play in a church band at All Age and other services - possibly Remembrance Sunday if we can get together in time. If you are interested, phone or email me and let me know.

With every blessing,
Rana



Photograph courtesy of Andrew Slater

Festival of Churches
Herefordshire, Worcestershire and Shropshire



St Mary's Church, Credenhill
Saturday 14th Sunday 15th
September
10am - 4pm

The Fruits of our Labours

Display and sale of items made by local people.



Crafts, produce, preserves, jewelry,
wood turning, painting.



Celebration of the lives of former Rectors of Credenhill



Thomas Traherne

(Display of items on loan from the Traherne Society.)

Charles Bulmer / Cider making.

(items on loan from the Cider Museum and Gordon Batchelor)



Burghill and Tillington W.I.

Next meeting - September 17th - OPEN MEETING - all welcome
Carole Dowding, who used to work for Christian Dior, will
entertain us with a "Brief History of perfume".

Fashion Show - October 22nd - Details to follow - all welcome.

All meetings start at 7.30pm and finish with a delicious tea at Simpson Hall, Burghill.

Occasional visitors are very welcome so do please come along and see what the WI is all
about. We can also be found on Facebook (Burghill & Tillington WI)



CREDENHILL FRIENDSHIP CLUB.

What fantastic weather we had for the "Magical Mystery Tour" and thanks to all who came. Our first stop was at Platform One at the Old Railway Sidings very pretty place for picnics ,there is a small train you can take a ride on and crafts etc. Next stop on to Alley Mill in Tintern for tea and cakes, after a leisurely walk to see Tintern Abbey and visit the little shops we were back on the bus to continue our way through the Forest Of Dean passing Chepstow, Lydney, Whitecroft then on to Lydbrook for our evening meal stopping at "The Courtfield Arms" the food was very good but I apologies for the time it took to get us all served but it was worth the wait. We then continued are way home through Ross. I enjoyed myself so hope you all did too.

I am now arranging a Christmas Shopping Trip to Chester in November it will be on Thursday 21st leaving the village at 8.00am price for bus £14.00 Names will be taken at our next meeting, when I will give you more information

DATES FOR YOUR DIARY.

SEPTEMBER THURSDAY 5th ===== IAN RIVERS is our guest speaker
EVEREST -----"WEST RIDGE 206"

OCTOBER THURSDAY 3rd ===== Watch this space.

NOVEMBER THURSDAY 7th ===== ROB KRAFFT is our guest speaker
"HERE BE DRAGONS"

THE ABOVE ALL START AT 7.45pm AT THE CREDENHILL COMMUNITY CENTRE.

NOVEMBER THURSDAY 21st CHESTER CHRISTMAS SHOPPING.

Hope to see you all soon want to know more contact Val on 760115 or come along to our next meeting you will be made very welcome

Val.

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www.learnherefordshire.co.uk

***Everything you need to know
about adult day and evening classes***

NEWS FROM ST. MARY'S PRIMARY SCHOOL



We do hope you are enjoying the Summer Holidays. Don't forget Mum's and Dad's if you want a break we have a great Holiday club on site. The children are having the best fun ever this year, with themed days, water fights, and lots of activities indoors and outdoors. Telephone Steff/Josh or Kirsten on 01432 760408.



*****FIRST DAY OF TERM - Wednesday, 4th. September, 2013 *****

RECEPTION CHILDREN – Your first day is also 4th. September 2013
Group A will be from 09:00am – 12:00pm
Group B will be from 1:15pm – 3:15pm

****WE HAVE GREAT FITNESS CLASSES HERE
AT ST. MARY'S SCHOOL SO WHY NOT TRY ONE?***



TUESDAYS – 7:00pm – 8:00pm
****BODY BLITZ****
Scott Reid

TUESDAYS – 8:00pm – 9:00pm
****BOXERCISE****
Scott Reid

THURSDAYS – 6:00pm – 6:30pm
****METAFIT****
Paula Ferris

THURSDAYS – 7:00pm – 8:00pm
****LEGS, BUMS & TUMS****
Scott Reid

THURSDAYS – 8:00pm – 9:00pm
****BOXERCISE****
Scott Reid





TRESASURE ISLAND THEATRICAL PRODUCTION

Every year we invite M & M Theatre Productions into our school and they perform a fantastic production for us brought to life only in the way that M & M Productions can do!! With song, dance and lots of comedy!! On Friday, 13th September, they are going to perform Treasure Island. What a lovely say to start the new School year off!



CHILDREN'S UNIFORM/BAGS/SHOES & PE KITS -

May we please remind all our parents/carers to name all their child's clothing and shoes/plimsolls and bags before they come back to school. In fact ALL their belongings including their P E Kits. Thank you very much.



ST. MARY'S WALKING BUS – You may have seen our walking bus

from time to time, but if you are new to our school in September, we have a walking bus to school every Wednesday morning. Pick up points are 8:25am at the shop, 8:27am Ecroyd Park, 8:35am Oak/Elm Road. Arrival at School 8:45am. If you do walk to School why not join the bus? It would be great if you could support it. Thank you.



So as to give you plenty of notice this is the date in our Diary for the

School Photograph Day

**** Monday, 23rd. September, 2013 ****

This will be for individual poses/siblings in school and for class photographs.

We hope you enjoy the rest of your Summer Holidays and we will see you all again on Wednesday, 4th. September, 2013.

TTFN



ARENA DISPLAYS

VINTAGE VEHICLES

ENGINE DISPLAY

CREDENHILL CHURCH FUN DAY

22nd SEPTEMBER 2013

From 10am onwards

ROMAN PARK - CREDENHILL

PARACHUTE DISPLAY

HOT AND COLD FOOD

BOUNCY CASTLE

WIN A
NEW BMW CAR
FOR A WEEKEND!



ClipartOf.com/65649

PLUS MANY OTHER PRIZES

CHILDREN'S
COMPETITIONS

NOVELTY DOG SHOW

VINTAGE ENGINES

CHILDREN'S GAMES

MILITARY VEHICLES



Contact Dawn - 01432 761103 or Gordon - 01432 760312

£2 Per person - includes programme - children free



In aid Air Ambulance and local charities.

St Mary's Church
Credenhill

Invite you to a new

All Age Worship



On Sunday 8th September at
11 am

This month's theme is

Colour

Please come wearing something bright and
colourful.

The service is a non- communion one which will follow
a new format suitable for the whole family.

All welcome

For more information

Contact Donna Jones 761056

Weobley Theatre Goers

Just a few days left (and only a few seats) to book for **Daytona**, a play starring Maureen Lipman, Harry Shearer and John Bowe, for the matinee performance on Wed 9 October. The coach will leave Bell Square at 12.30pm for the performance at 2.30pm. Payment, to include the coach of £25, please by 6 September.

Also, just a few seats left for **Singin' in the Rain** at the Cardiff Millennium Theatre, so if you want to go, please contact me as soon as possible. Tickets are £40 each to be paid by 8 September please. Cheques are always preferable - to be made payable to Kate Best.

For further information and to book seats contact Kate Best on 01544 318513 or bobkatebest@tiscali.co.uk

CREDENHILL COMMUNITY LIBRARY

TUESDAY 17th September 2013

at

SOCIAL CLUB

10.30am - 12 Noon

and

Community Centre - St Davids Road
(see notice board for times)



There are over 300 books and talking books in stock with a 3 monthly rotation
Community information, magazines, Refreshments available
FREE WIFI always available at Social Club, Good Social Atmosphere, Free parking

We are looking for more volunteers to help when other volunteers are sick, on holiday or just cant come, even if you can only spare an hour all help is welcome. Just come on down to the library or for more information contact Glenda 760067

“Meals on Wheels”



The Meals on Wheels group, serving Burghill and Credenhill, are short of volunteers for delivering lunchtime meals.

We collect the hot meals from the WRVS in Hereford on a daily basis (5 days/ week), delivering to households in Burghill, Stretton Sugwas and Credenhill - usually 8 to 10 lunch meals daily. This usually takes 1 1/2 hours.

We do pay car expenses.

Our plan is to ask a volunteer to do one delivery per month. Swops can be organised around date clashes.

We really need this community service to continue to help people who are housebound and unable to cater for themselves.

If you are interested in helping and would like more information, would you please contact **Arthur Highfield 760235**



Paula E J Ferris

Positive EnerJe Health & Fitness



Outdoor Fitness Camp



Personal Training



High Intensity Interval Training (HIIT)



Sports Massage

07719218112

Positiveenerje@hotmail.com

Positive EnerJeHealth & Fitness



Positive EnerJe Fitness Classes

Time Table & Prices



Outdoor Fitness Camp – 6 weeks

Get fit, loose weight, tone up and have fun in the outdoors
Mon, Tues & Fri @ 9.20-10.20am
Roman Park, Credenhill starting 16 Sept – 25 Oct

*18 Classes **only £3 per/class**

*12 Classes £4 per/class

*6 sessions £6 per/class



Metafit

30 mins High Intensity Interval Training (HIIT)

Wed 9.15am @ New Community Centre St Davids Rd Credenhill

Thurs 6pm @ St Mary's Primary School, Credenhill

Classes start w/c 2 Sept - 22 Oct.

*Block book and get one **FREE CLASS**

Ultimate Fitness & Body Toning

Work hard and kick start that metabolism

Thurs 9.15am @ Stretton Sugwas Village Hall

Classes start w/c 2 Sept - 22 Oct.

*Block book and get one **FREE CLASS**

CHALLENGE YOURSELF AND BOOK NOW

Paula Ferris: M: 07719 218112

E: positiveenerje@hotmail.com

Free class only if you block book. Facebook: positiveenerjehealthfitness



Flicks in the Sticks

Your chance to see popular films at reasonable prices – only £4.00

Where? At the Simpson Hall, Burghill

When? All performances start at **7.30 p.m.**

What's on?

Friday 6th September: "Les Miserables" (12a)

Les Misérables is the motion-picture adaptation of the beloved global stage sensation seen by more than 60 million people in 42 countries and in 21 languages around the globe and still breaking box-office records everywhere in its 27th year. Set against the backdrop of 19th century France, Les Misérables tells an enthralling story of broken dreams and unrequited love, passion, sacrifice and redemption--a timeless testament to the survival of the human spirit. Jackman plays ex-prisoner Jean Valjean, hunted for decades by the ruthless policeman Javert (Crowe) after he breaks parole. When Valjean agrees to care for factory worker Fantine's (Hathaway) young daughter, Cosette, their lives change forever.

Ice-creams and tea and coffee are available in the interval.

TASTE FOR Adventure CENTRE

Summer Ball

Come and enjoy an evening of live music, great food and a prize draw at our annual fundraising Summer Ball

on

Saturday 7th September 2013

at

The Shire Hall, Hereford, HR1 2HX

Tickets £40.00 per person including pre dinner drinks & canapés

7:00 p.m. to be seated by 7:30pm

Dress Code: Smart (Gents - Suits/Ladies - Dresses)

For tickets contact Angie on 01432 761398

Email: angie@tasteforadventure.co.uk

HEREFORDSHIRE HEADWAY

Coffee Morning

Thursday 5th September - 10.30am - Noon

Join us for a cuppa and a chat.

Tea & Coffee with Biscuits

All welcome

Please come and support us.



A POLITE REQUEST/REMINDER TO ALL DOG OWNERS/WALKERS IN CREDENHILL

Please can you ensure that whilst walking your dog that it is kept on a secure lead and under proper control at all times?

In a recent distressing incident, which occurred in Mill Lane, a dog which was being walked by its owner, cornered, then chased & attacked an elderly cat, which was peacefully sitting at the end of the drive to his owners home. The terrified cat initially froze with fear, when the dog cornered & attacked him, but eventually gathered its wits & managed to escape through the gate into the field behind the houses. The poor cat was found later in the evening traumatised & with minor injuries. The owners were also very distressed & concerned for their pet.

It is not known whether the dog was initially on a lead at the time, or whether it slipped its lead, upon spotting the cat.

The far end of Mill Lane is a rural area with many animals, both pet & wild, including cats, dogs, chickens & wild fowl: swans, ducks & geese. We should all bear this in mind & ensure that dogs are kept under control so that they do not injure other animals or birds, or indeed people. If a dog attacks, for example, a sheep, I believe that the owner is in within their rights to shoot the dog dead.

Also could all dog owners/walkers who responsibly “scoop the poop”, also ensure that they take the bag & its contents home & dispose of the contents there. This is the intended purpose of these bags. Some inconsiderate people are merely hanging the full bags on branches of trees or leaving them on the footpaths to be picked up by others!

Please remember that the footpaths & woods leading from Mill Lane is a very popular area, frequented by both dog lovers & families alike. It is well documented of the dangers if a young child comes into contact with dog faeces.



Bioblitz at Credenhill Park Wood

Saturday 28th September

9am – 2pm.

Come and join us in discovering and measuring different types of wildlife at Credenhill Park Wood to help us understand more about it's wildlife.

This is a free event and all are welcome whether you are a novice or an expert. There will be lots to look for including reptiles, trees, fungi, minibeasts and more...

This is a fun event with real value – the more we know about our wildlife the better we can look after it.

For more details about this day, the activities and parking please go to www.woodlandtrust.org.uk/credenhill

Or ring

Jane Craven on 08452 935742 / or email janecraven@woodlandtrust.org.uk

Healthy Lifestyle Trainer Service

“Taking small steps to feel good about yourself”

What we do

The Healthy Lifestyle Trainer Service is a free, confidential service offering practical advice and support to people who want to-

- ✓ Lose Weight
- ✓ Get Fitter
- ✓ Cut down on Alcohol
- ✓ Eat Healthier
- ✓ Stop Smoking

Healthy Lifestyle Trainers offer one to one support to help people who are struggling to make changes to their lifestyle. We will help you set your own personal goals specific to your needs, ones that fit with your lifestyle and we will support you over a period of 6 sessions. We are able to meet you within the community and at a time that suits you (e.g. in a community centre, leisure facility or café).



For more information call Healthy Lifestyle Trainer Service on 01432 383567
email hlt@herefordshire.gov.uk or for more information
visit www.herefordshire.gov.uk/health-improvement

Luke Bennett from the Health & Wellbeing service will be at Credenhill Community Library on October 15th to answer/help you with any questions you may have.

Portway Inn

"Dinner was excellent – especially sitting
outside with lovely views"
"Staff were lovely and really helpful" July 2013



www.facebook.com/portwayinnherefordshire

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☆☆ Lunchtime deals at the Portway ☆☆

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<u>Fridays</u>	Amazing Fish & Chip Special <u>2 for £10</u>
<u>Saturdays</u>	NOW OPEN ALL DAY FOR FOOD!
<u>Sundays</u>	Sunday Lunch from £8.45

☆☆ Every Day Lunchtime Deal ☆☆

**Half Price Dessert with any main course from
the main menu**

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Open 7 Days for lunch 12 – 2.30pm

Dinner 6 – 9pm daily **01981 500474**

Interesting but Useless
Facts for the month

Charlie Chaplin once won
third prize in a Charlie
Chaplin look-alike
contest.

According to Genesis
1:20-22, the chicken
came before the egg.

Arachibutyrophobia is the
fear of peanut butter
sticking to the roof of your
mouth.

Groaking is to watch
people eating in hopes
that they will offer you
some

It is impossible to lick your
elbow.

14% of all facts and
statistics are made up
and 27% of people know
that fact.

A "2 by 4" is really 1 1/2
by 3 1/2.

Put the date in your diary now!



You are invited to a
Fashion Show

by **Harts of Monmouth**

on Tuesday 22nd October - at 7pm
in the Simpson Hall, Burghill



There will be a display of fashions for all ages and sizes,
And a chance to buy clothes at special prices

Tickets £5 to include Tea and Cake
for more information or to obtain a ticket please call 01432 760816

theWI
INSPIRING WOMEN

One-pot chicken with spicy rice

This recipe was created by Angela Hartnett specifically for the Great British Budget Banquet Dinner and shows you how to get more value from a roast chicken by using the carcass to make stock for a fragrant rice.

Ingredients

- 1 1 small whole [chicken](#)
- 2 2 tbsp freshly grated [ginger](#)
- 3 1 tbsp ground [cumin](#)
- 4 30ml/2 tbsp [vegetable oil](#)
- 5 ½ tbsp dried [thyme](#)
- 6 [salt](#) and [black pepper](#)
- 7 1 [courgette](#), thickly sliced on the diagonal
- 8 1 red [pepper](#), deseeded and sliced into wedges
- 9 200g/7oz of long grain [rice](#)
- 10 1 large [cinnamon](#) stick
- 11 1 [bay leaf](#)
- 12 3 [cardamom](#) pods
- 13 125g/4½oz green [raisins](#)
- 14 1 [lemon](#), zest and juice
- 15 1 [lime](#), zest and juice

To serve

- 1 100g/3½oz monkey [nuts](#), shelled, lightly toasted and chopped
- 2 1 tbsp finely sliced [spring onions](#)
- 3 1 tbsp chopped [fresh coriander](#) (optional)

Preparation method

1. Preheat the oven to 200C/400F/Gas 6.
2. Joint the chicken removing the breasts, legs and wings. Place the remaining carcass in a large saucepan and cover with water to make a stock. Bring to the boil then reduce the heat and simmer for 30 minutes
3. In a small bowl, mix together the grated ginger and cumin with the oil, thyme and a pinch of salt and pepper to make a paste. Place the chicken pieces into a large roasting tray and cover evenly with the paste.
4. Place the courgette and peppers around the chicken pieces, then roast for 30-40 minutes on the top shelf of the oven, or until the chicken is cooked and golden-brown.
5. Strain the chicken stock and discard the carcass, season to taste with salt and pepper.
6. Cover the rice with 500ml/18fl oz stock (from the chicken carcass) and add the cinnamon stick, bay leaf and cardamom. Cook with the lid on over a high heat for 15 minutes. Towards the last five minutes of cooking time add the raisins.
7. Check that the rice is cooked, strain off any excess liquid and remove the bay leaf and spices. Add the zest and juice of the lemon and lime. Mix through and season to taste with salt and pepper.
8. Serve the roasted chicken pieces and roasted vegetables on a bed of the spiced rice. Garnish with a sprinkling of chopped toasted nuts and sliced spring onions. Finish with a little chopped coriander if desired.

"A Brief History of Perfume"

A talk by Carole Dowding
(including her experience of working for Christian Dior)

Burghill and Tillington WI
warmly invite you to this

Open Evening

on Tuesday, 17th September
at 7.30pm
at the Simpson Hall, Burghill



After the talk there will be refreshments and a chance for the women in our community to get to know each other.

Do join us - Admission free

Thinking about learning sign language?

Deaf Direct is a non-profit charity working with the Deaf and Hard of Hearing communities of Worcestershire, Herefordshire and Oxfordshire.

Signature Level 1 in British Sign Language (Unitised)
Three units, BSL 101, 102 and 103 comprise the full qualification.
Tuesday 6.30-8.30 p.m. starting 1st October £349



Signature Level 2 in British Sign Language (Unitised)
Three units, BSL 201, 202 and 203 comprise the full qualification.
Wednesday 6.30-9.00 p.m. starting 2nd October £625

Please contact training@deafdirect.org.uk or view our website www.deafdirect.org.uk for further information.

Queenswood Archaeology Walk

Saturday 7 September
10am - 12.30pm

Join a ranger and a professional archaeologist to explore the lumps and bumps of Queenswood in a look at what lies under the surface of one of Herefordshire's most visited tourist attractions.

Cost: **Free**

Book: Booking essential to help us manage numbers, please contact the Information Centre and National Trust shop at Queenswood on 01568 797853.

To find out more about what's on at Queenswood follow us on Facebook: www.facebook.com/QueenswoodCountryPark

**TASTE FOR
Adventure
CENTRE**



Christmas Shopping Trip

With over 280 stores to inspire you with your gift ideas for Christmas.

Also experience the new Oasis dining Quarter.

Saturday 30th November 2013

This will be a full day trip departing Taste for Adventure at 7.00 am, Credenhill shops. We shall depart Meadowhall at 4.30 pm, arriving back in Hereford around 7.00/7.30 pm. This is open to everyone who is interested. The cost for this trip is £16.00, discounts for service, ex service personnel and their dependents.

For further information and to register your interest please contact Angie or Lynn on Tel: 01432 761398.

When booking, payment must be paid in full.

GARDENING by Doug Wellin

September can be a glorious month in the garden if we get some decent weather. Repeat-flowering roses and clematis come back again and try to outdo their early summer flowering, and then there are the michaelmas daisies breaking out into a glorious mass of rich colours.



Many people were put off growing michaelmas daisies because some varieties used to be prone to unsightly mildew in a bad season, especially if they suffered dryness at their roots or, paradoxically, if the atmosphere was clammy and damp. However, modern varieties are much more resistant, give an excellent show, and now is the time for looking at them because although they flower from late August through October, most have their best flowering in September. There is one of the national collections at the Picton Garden (Old Court Nurseries) at Colwall, just as you leave the village of Colwall going towards Malvern (Colwall is on the Malvern road from Ledbury). It's one of the best places for seeing a colourful mass display, and the entrance charge is modest.

It's the best time for planting evergreen shrubs and hedges; note, not deciduous shrubs which are best planted in November or after, when they have become dormant. But evergreens are different, and now's the time to get them in. There are some splendid possibilities even for small gardens, but, as always, check the overall dimensions at maturity so that you don't get anything unsuitably large. There is a wonderful selection of camellias, which need acid soil but most soil in Credenhill is slightly on the acid side of neutral and they'll grow in it well enough. Hardy varieties of ceanothus (californian lilac) do well and there's nothing quite like their intense blue flowers in high summer (especially if you've got a pink climbing rose such as Climbing Lady Sylvia next to it and throwing her arms over it), but get a modest grower unless you have plenty of space. There are some attractive varieties of cistus (purpureus – 4'x4' or corbariensis – 5'x5' are easy and good), there are some low-growing euonymous with attractive leaves. A bigger bush reaching 10 feet tall by about 8 feet wide is the garrya with its tassels, but get the variety James Roof which has the longest 'catkins'. There are the heathers of course, many of them excellent ground-cover but often worth collecting together in a border, and an interesting holly has a lot going for it – slow growing, easily managed, and many with bright and interesting leaves. And plenty more to choose from.

Thinking of shrubs, blueberries have become popular because they've been sold as a sort of magic food, although they don't contain any more goodness than any other edible black or red berry. Raspberries and blackcurrants are just as good for you, but blueberries make a quite attractive bush, many with autumn colour, and give a good crop into the bargain.



However they must have very acid soil, and it's OK to plant them in pots (big-ish, not less than 18" deep) using a mixture of local acid soil and ericacious compost enriched with some long-lasting feed. Few varieties are truly self-fertile, so it's best to plant two varieties rather than having two plants of the same variety. Good varieties for outdoors in this country are Nui (neat and compact), Chandler, Ozark Blue, Toro and Spartan, all of which should produce well and taste better than some of the supermarket choices.

Knit One, Pass it On!

WEDNESDAYS

11th September and 25th September

2pm to 4pm

in the Simpson Hall, Burghill.

It is intended to be a fun group for those who like to Knit and Natter – so do come along! (If you are a beginner, needles and yarn will be provided.)



If you are interested but can't make either date, please phone Joanna Helme on 760816.

Hereford Cathedral Perpetual Trust

5 College Cloisters - Hereford HR1 2NG

01432 374261 tel - 01432 374220 fax

Saturday 7 September

Farewell service to Bishop Anthony

The opportunity for the diocese to give thanks for the ministry of Bishop Anthony and to say farewell to him and Kathy. All welcome. 3.30 pm

Sunday 8 August

The Evening Hour

A service of prayer for healing and wholeness, with words and music from Iona and Taizé and time for quiet reflection; all are welcome. The service is held on the second Sunday of each month. 5.30 pm

Monday 9 – Sunday 15 September

Remember-a-Charity week

An annual awareness week to encourage more people to consider leaving a gift to charity when writing a Will. www.rememberacharity.org.uk

Tuesday 10 September

Tuesday lunchtime organ concert

Given by Laurence Lyndon-Jones, Coventry Cathedral. Projection from the organ loft onto a large screen in the nave. Recitals weekly, other than 16 July. Come and enjoy lunch at the same time in the cloister café. Retiring collection. 1.15-2 pm

Saturday 14 & Sunday 15 September

Festival of Churches weekend

Churches and cathedrals in Herefordshire, Shropshire and Worcestershire celebrating a programme of special events. www.festivalofchurches.co.uk

Tuesday 17 September

Tuesday lunchtime organ concert

Given by Shaun Ward, St Laurence's Church, Ludlow. Projection from the organ loft onto a large screen in the nave. Recitals weekly, other than 16 July. Come and enjoy lunch at the same time in the cloister café. Retiring collection. 1.15-2 pm

Wednesday 18 September

BBC Radio 3 Choral Evensong

The Cathedral Choir will broadcast Evensong live on BBC Radio 3. If attending the service, please be seated by 3.45 pm. The service is repeated on Radio 3 on the following Sunday (22 September) and is available for up to ten days on the BBC iplayer. Service / broadcast 4 pm.

Saturday 21 September

Annual clay shoot

Teams of four hosted by Ted & Tamsin Clive on the Whitfield Estate, Wormbridge. Please contact 01432 374261 to book teams. £100 per gun / £400 per team including lunch.

Sunday 22 September

Foundation Visit to St Weonards Church

The Cathedral Choir will sing Choral Evensong at St Weonards. 5 pm

Tuesday 24 September

Tuesday lunchtime organ concert

Given by Peter Dyke, Hereford Cathedral, featuring audience requests. Projection from the organ loft onto a large screen in the nave. Recitals weekly, other than 16 July. Come and enjoy lunch at the same time in the cloister café. Retiring collection. 1.15-2 pm

DIRECTORY OF SERVICES

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Saturdays – 10.00 am – 4.00 pm
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ADVERTISEMENTS

Rates for advertisements in the
Credenhill Community Newsletter

Full page advert - black and white £50 per month

Half page advert - black and white £30 per month

Quarter page advert - black and white £15 per month

Eighth page advert - black and white £10 per month

Yearly advert (12 months) - Business Card size – in Directory of Services page, black and white £48. six monthly now available.

For Sale/Wanted Ads £1 per advert, per month 1" x 3" – max 4 lines 18 words

To advertise please drop in a hard copy of advert to Glenda Hind, Editor, 3a Station Road, Credenhill, HR4 7EY along with appropriate payment rate. Cheques payable to Credenhill Parish Council. Yearly advert will run from August 2013 to July 2014. We can now do six monthly adverts, running from August - January and February to July. Advertisers joining during the year will be charged a pro-rata rate until the next August or February issue.

Editor: Glenda Hind 01432 760067

glenda-h@hotmail.co.uk

As Editor I am always happy to receive articles for the CCN but would add that, If at all possible, I would appreciate them to be sent by e-mail as an attachment in Word format. If you do not have access to a computer then please drop off any hard copy to Glenda at 3a Station Road, Credenhill in plenty of time for the deadline of the 15th of every month.

Dead line: **15th** of every month prior to publication
Published: 1st Monday of every month
Collect from: One Stop – Credenhill Store
Delivered: To every household in Credenhill
(Circulation 840)

Parish Council:	Chairman Mr J Dover	01432
County Council:	Councillor R Matthews	01432 760498
West Mercia Constabulary:	(see also manager/support officer)	0300 333 3000
	e-mail: herefordruralnorth.lpt@westmercia.pnn.police.uk	
Crime Stoppers:		0800 555111
Safer Neighbourhood Officers:	SNO-PC Neil James	07974 818920
Police Community Support Officer:	PCSO Dean Wall	07970 602443
Dog Warden :		01432 261761
St Mary's Primary School:	Headmaster - Mr J Moynihan	
	Business Manager Karen Pritchard	01432 760408
Imagination Station:	Tina Pritchard	01432 769387
Fieldhouse Kindergarten:	Owner – Rachael Cappozoli	01432 761250
St Mary's Church:	Vicar: Revd. Rana Davies-James	01432 760443
	email: rana.james@virgin.net	
	Church Warden Dorrie Coates	01432 761935
	Church Warden Mrs Jean Hawkings Bowles	01432 761684
Credenhill Social Club:	Steward	01432 760600
Beavers:	Victoria Smissen	01432 279160
Cubs:	Malcolm Cox	01432 274077
Rainbows:	Mrs D Jones	01432 761056
Brownies:	Mrs D Jones	01432 761056
Young Magna:	Betty Morris	01432 760891
Magna:	Valerie Lewis	01432 760115
Friendship club:	Val Lewis	01432 760115
Football Club U10, U12,	Andrea Bounds	01432 340958
Community Clinic: by appointment only Mondays	Health Visitor	01432 352600
Headway:		01432 761000
Community Library (Social Club)		01432 760067
For Hire		
Credenhill Community Hall:	Mrs Betty Morris	01432 760891
		07954081999
Credenhill Social Club:	Steward	01432 760600

All articles, letters or other items may be subject to editorial discretion. The editor does NOT accept responsibility for articles printed in this newsletter. All details correct at time of going to press.